

SCREENING

BRIEF

INTervention

REFERRAL TO

TREATMENT

SBIRT is a **universal process** that identifies individuals' level of risk related to substance use, mental health, gambling, or other health behaviors. Based on a person's level of risk, they may be invited to have a brief conversation about their behavior or accessing treatment services.



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SBIRT

SCREENING, BRIEF INTERVENTION, & REFERRAL TO TREATMENT

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