

INDIANA SBIRT



Screening

Brief

Intervention and

Referral to

Treatment

SBIRT is a universal process that identifies patients that may benefit from a brief conversation about their substance use

SBIRT can screen for:

- problem alcohol use
- illicit drug use
- prescription drug abuse
- depression

SBIRT is Effective

SBIRT has:

- reduced alcohol use
- reduced drug use
- improved both general and mental health

SBIRT is Recommended:

- The World Health Organization (WHO)
- The U.S. Preventative Services Task Force
- The Committee on Trauma of the American College of Surgeons
- The Substance Abuse and Mental Health Services Administration (SAMHSA)

**Get started with SBIRT
today!**



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