

DID YOU KNOW?

The most common chemicals in K2/Spice are banned by the Food and Drug Administration (FDA).

However, makers of K2/Spice sometimes label products as “not for human consumption” in an attempt to avoid regulation or legal issues around their products.

When cutting back or quitting:

- Your doctor or behavioral health provider can help you set up a plan.
- You will need support.
- You may experience withdrawal symptoms.



Something to try:

Community resources:

My provider's name:



IndianaSBIRT.org



Thinking About Making a Change?

SYNTHETIC MARIJUANA (K2/SPICE)



SELECTED EFFECTS OF SYNTHETIC MARIJUANA

How It's Made

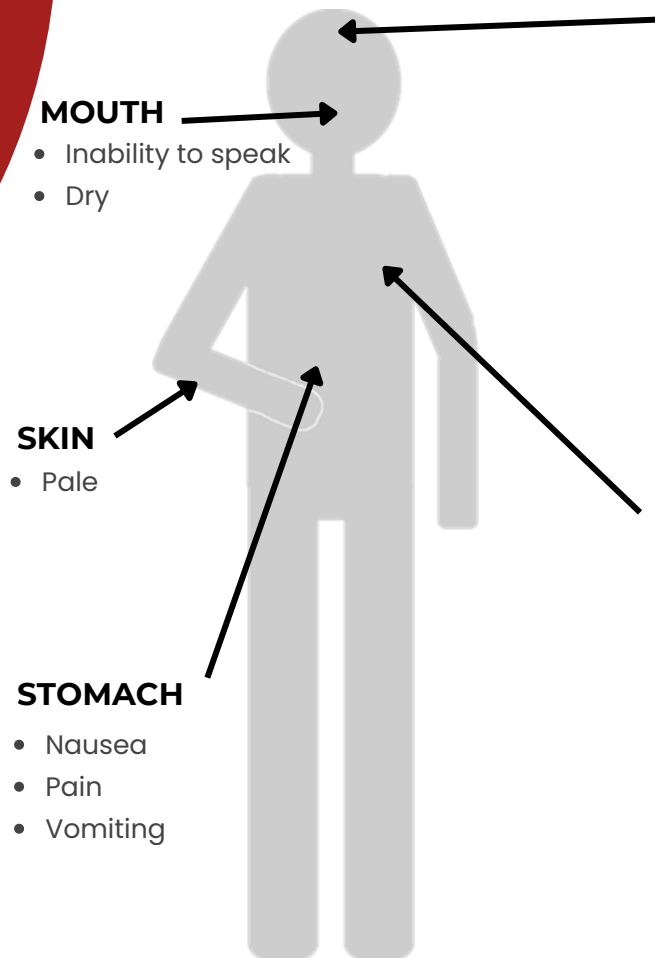
Synthetic marijuana, also called K2 or Spice, is made using chemicals created in a lab.

The chemical is sprayed onto dried plants or herbs to make them look like marijuana. It is often artificially colored and flavored. It is also sold in a liquid form.

Learn the Facts

There is no "safe" dose or brand of K2/Spice. Don't be fooled by words like "natural" or "clean." No one is regulating what is actually in a K2/Spice packet.

As a general rule, it's safest to assume that anything labeled as synthetic marijuana is illegal even if the packet has a label that says the product is legal.



MOUTH

- Inability to speak
- Dry

SKIN

- Pale

STOMACH

- Nausea
- Pain
- Vomiting

OTHER EFFECTS

- Kidney failure
- Unable to move arms and legs
- Muscle cramps
- Body temperature changes

BRAIN

- Relaxation
- Altered perception
- Mood changes
- Seizures
- Memory loss
- Confusion
- Suicidal thoughts/attempts
- Psychotic effects: extreme anxiety, paranoia, panic attacks, hallucinations

HEART

- Blood pressure changes
- Rapid heartbeat
- Heart attack

EFFECTS OF K2/SPICE

The effects of K2/Spice are different from person to person - you can never know what symptoms you will have.

Sources Include

drugabuse.org
nida.nih.gov
FDA.gov