

OVERDOSE

If you think someone has overdosed on a stimulant:

- Call emergency responders (**911**).
- Remain calm.
- In cases of high body temperature, consider offering water or a cool washcloth.
- If there is a seizure, do not put anything in their mouth or between their teeth.



Something to try:

Community resources:

My provider's name:

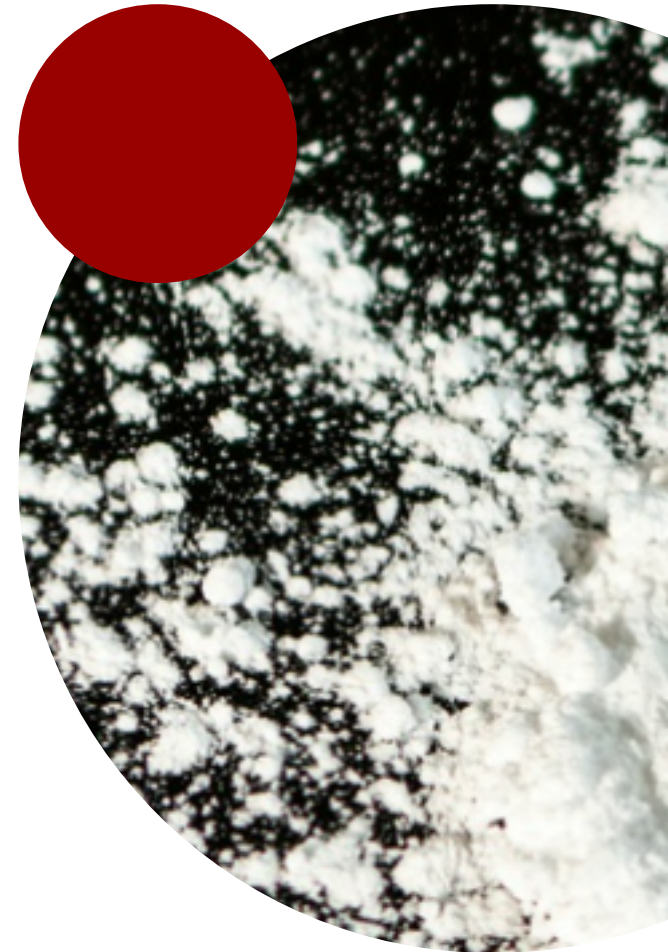


Indiana SBIRT

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Thinking About Making a Change?

COCAINE



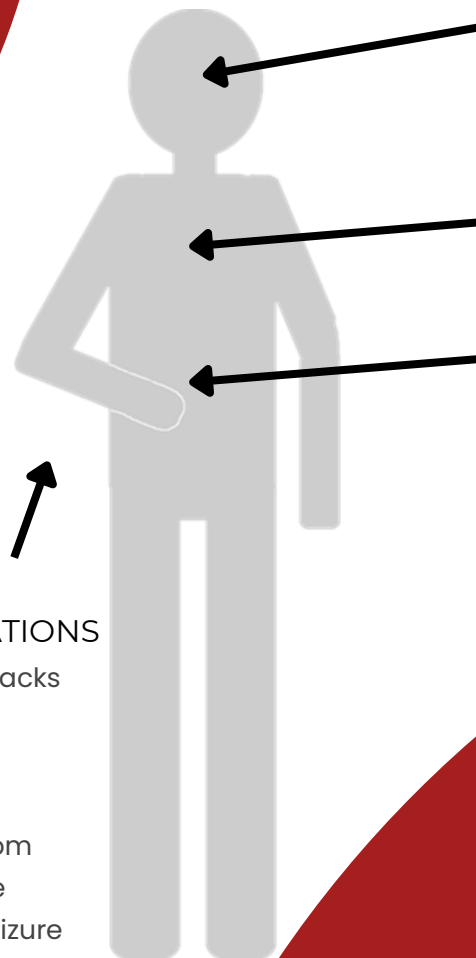
INFORMATION ABOUT COCAINE

Basic Information

- Cocaine is a stimulant that affects the nervous system.
- Loosely described, a stimulant “speeds up” systems in the body.
- Cocaine is often snorted, smoked, or dissolved and injected intravenously.
- Cocaine is illegal for recreational use and is a controlled substance in the US.

Major Considerations

- Cocaine is often contaminated with other substances. In recent years, that contamination is increasingly likely to be fentanyl, which can lead to an opioid overdose.
- Cocaine can be addictive, even on first use.
- Sharing needles raises the risk of contracting hepatitis C, HIV, or other bloodborne illnesses or injuries.



HEAD AND MIND

- Dilated pupils
- Restlessness and irritability
- Anxiety, panic, or paranoia

HEART

- Increased heart rate
- Higher blood pressure

STOMACH

- Nausea

MEDICAL COMPLICATIONS

- Heart attacks
- Seizures
- Strokes
- Coma
- Death from overdose (often seizure or cardiac arrest)

LONG-TERM USE

- Chronic (long-term) use can have other damaging effects on the body, such as inflammation of the heart.

WHAT ARE SIGNS OF COCAINE OVERDOSE?

- Has a **high body temperature**
- Has a **seizure** longer than 5 minutes, multiple seizures, or a first seizure
- Shows any **signs of a stroke**
- Shows any signs of **cardiac arrest**
- **Asks you to call for help**

(List is not comprehensive)

Sources Include

nida.nih.gov
cdc.gov/overdose-prevention
CDC-Stimulant Guide, 2022